



Youth Trampoline Camp

Things to bring to Camp!

CLOTHING:

- 1 pair sweatshirt and sweatpants
- 1 pair athletic shoes w/ socks
- 1 pair Gym shorts (no belts or jeans)
- 1 t-shirt

- Small back pack or tote bag with:
 - Water bottle (with your name on it)
 - Sunscreen
 - Swim suit and towel
 - Rain Jacket
 - Lunch

EQUIPMENT: (Optional and may be left at camp overnight.)

- Skis (not your good ones for grind rails)
- Boots and poles (for grind rails)
- Mouth guard
- 1 pair spring (light weight) ski gloves
- Mountain bike or road bike
- BIKE LOCK and Bike Helmet